



Ron Culberson

Speaker | Author | Humorist

It's not about the days in your life, but the life in your days. - Abraham Lincoln

A Facilitated Year of Do It Well, Make it Fun

A Virtual Exploration for Staff, Teams, and Organizations

As a follow up to his book and presentation, Ron Culberson is offering a deeper dive into the concepts presented in his book. Throughout the year, participants can gather virtually, but live, with Ron for 45-minute sessions to learn, discuss, and explore the ideas presented in the book.

Included in the fee:

- Twelve monthly, 45-minute, facilitated sessions (via Zoom or other platform) during which Ron will take a deeper look at chapters from his book, *Do it Well. Make it Fun.*
- Each session will include a brief 10-15 minute presentation on the concept, a facilitated discussion by Ron, and time for Q/A.
- PDF workbook for each participant.
- Discount on price of Ron's book.
- Monthly topics, chosen from Ron's book, will include twelve of the following:

The Do it Well, Make it Fun Philosophy (Mandatory introductory session)

Being More Mindful
Developing the Right Skills
Maintaining Physical Health
Connecting with Others
Managing Conflict
Working with Teams
Being More Organized
Volunteering

Embracing Good Values
Managing Stress
Facing Our Mortality
Communicating Clearly
Developing and Nurturing Friendships
Pursuing Careers and Vocation
Managing Meetings
Presentation Skills

*Details: Each participant is required to have a copy of Ron's book. Books will be offered for \$10 per copy (47% off the cover price) plus shipping. Timing of sessions will be chosen based on mutually convenient dates and times. Ron will set up a Zoom site for each session or clients can use their own platform. Sessions may be recorded for those who are unable to attend. Full payment will be required upon signing the agreement for services.